

## NATURAL BEAUTY AT COSSINGTON PARK

TREAT YOURSELF TO A WONDERFUL BEAUTY SESSION, OR ORDER ONE AS A SPECIAL GIFT

### STACEY'S APPROACH TO BEAUTY

Stacey Brice is a qualified beauty therapist, masseur, healer and trainee acupuncturist. Since completing the BTEC National Diploma in Beauty Therapy Sciences, levels 1-3, Stacey has studied innovative massage techniques including 'raindrop', 'lomilomi', swedish and aromatherapy.

Stacey employ's only pure and natural products, based on the finest raw materials, capturing a perfectly harmonious balance of western and eastern learning.

These gentle and natural products contain no harmful detergents, mineral oil or preservatives. They are not tested on animals.



### STACEY BRICE AT COSSINGTON PARK

BEAUTY THERAPIST  
MASSEUR  
HEALER

EMAIL: [BEAUTY@COSSINGTONPARK.COM](mailto:BEAUTY@COSSINGTONPARK.COM)

### MASSAGE

#### Aromatherapy Massage

Individual oils are blended to relieve symptoms of tiredness or accumulated stress, ensuring a relaxing and beneficial massage.

1 hour £48

#### Swedish/Deep Tissue Massage

A deeper massage, manipulating muscle tissue firmly to help disperse knots and tension, creating a positive, healthy and harmonised body.

1 hour £48

#### Hawaiian LomiLomi Massage

Whole body rhythmic movement combined with calming breathing to the sound of gentle music, based on the ancient art of spiritual kahuna healing.

1.5 hours £72

## MASSAGE & HEAD

### Hot Stone Massage

Hot volcanic stones enable the muscles to relax deeply so that your whole system opens to a beautiful and serene massage experience. Hot stones can be added to any massage.

1 hour £48

### Indian Head Massage

A wonderful way to let go of built-up stresses and tension held in the head, shoulders and neck.

45 minutes £36

## FACIALS

Facial 1 hour £42

Facial 30 minutes £24

Teen facial 45 minutes £24

## CALM SESSIONS

A guided visualisation taking you within to a space of inner peace and calm; yogic breathing and posture help the body to remember its own natural balance; for individuals or groups.

1 hour £36



## REIKI

Reiki promotes healing and relaxation by the laying on of the hands so that energy runs through us and promotes well-being.

1 hour £36

## HOPi EAR CANDLES

Hopi ear candles re-balance the head and stimulate acupuncture points, as well as helping congestion and ear infections.

45 minutes £30

## MANICURE & PEDICURE

Manicure 45 minutes £24

Pedicure 45 minutes £30

Tidy & Paint 30 minutes £18

French Polish 20 minutes £6

## **PAMPER PARTIES**

Children's Parties:		
30 minutes, per child	£18	
Indulgence Package:		
3 hours 45 minutes	£168	
Pure Peace Package:		
2 hours 15 minutes	£108	
Pregnancy Package:		
3 hours	£138	
Express Package:		
1 hour	£60	



## **BOOKING & TERMS**

Orders and payments:

LORRAINE BENTLEY

MOBILE 07951 256278

EMAIL: [BEAUTY@COSSINGTONPARK.COM](mailto:BEAUTY@COSSINGTONPARK.COM)

Please make payment at the  
time of ordering treatments

Cancellations: A full refund will be provided  
if we are given at least 36 hours' notice

Prices include VAT

## **WAXING & TINTING**

Full leg wax	£24.00
Half leg wax	£14.40
Forearms	from £12.00
Bikini	from £9.60
Brazilian/Hollywood	£18.00
Stomach	£6.00
Underarm	£9.60
Upper lip	£6.00
Chin	£6.00
Eyebrows	£14.40
Eyelash tinting	£9.60